

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
NATIONAL FARMERS MARKET WEEK The First Full Week of August	9:00 Exercise 10:00 Dominos 12:30 Hand and Foot	9:00 Chair Yoga 1:00 Cribbage 2:00 Summer Building Party - BLDG 16 5:00 Townhome Potluck	9:00 Exercise 10:00 Crafters 12:30 Sheepshead	9:00 Chair Yoga 12:30 Poker 1:00 Euchre	9:00 Coffee and Chat 9:00 Exercise 12:30 Hand and Foot	INTERNATIONAL CAT DAY AUGUST 8
9 	10 9:00 Exercise 10:00 Dominos 12:30 Hand and Foot 2:00 Summer Building Party - BLDGS 5 & 6	11 9:00 Chair Yoga 1:00 Cribbage 2:00 Summer Building Party - BLDG 10	12 9:00 Exercise 12:00 Birthday Lunch Celebration 12:30 Sheepshead	13 9:00 Chair Yoga 12:30 Poker 1:00 Bingo 1:00 Euchre 3:30 Happy Hour	14 9:00 Coffee and Chat 9:00 Exercise 12:30 Hand and Foot	15 Choose to SHINE
16 AUGUST 16 Tell a JOKE Day	17 9:00 Exercise 10:00 Dominos 12:30 Hand and Foot	18 9:00 Chair Yoga 1:00 Cribbage 2:00 Wine & Paint	19 9:00 Exercise 10:00 Crafters 12:30 Sheepshead	20 8:30 Casino 9:00 Chair Yoga 12:30 Poker 1:00 Euchre 2:00 Plays for Seniors	21 9:00 Exercise 9:00 Morning Blend 12:30 Hand and Foot	22 
23 	24 9:00 Exercise 10:00 Dominos 12:30 Hand and Foot	25 9:00 Chair Yoga 1:00 Cribbage 5:00 National Fajita Day Dinner	26 9:00 Exercise 12:30 Sheepshead	27 9:00 Chair Yoga 12:30 Poker 1:00 Bingo 1:00 Euchre 3:30 Happy Hour	28 9:00 Coffee and Chat 9:00 Exercise 12:30 Hand and Foot 1:00 Back in the Saddle With Gary Cross	29 
30 National Grief Awareness DAY - AUGUST 30	31 9:00 Exercise 10:00 Dominos 12:30 Hand and Foot					